Coexistence of BRAFV600E mutation and EGFR overexpression is highly associated with adverse clinicopathological features of papillary thyroid carcinoma

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Abstract: Papillary thyroid carcinoma (PTC) generally has a good prognosis, but in a subset of patients it progresses to aggressive forms. Analysis of molecular alterations in relation to clinical phenotype may help in risk stratification of patients by predicting tumor aggressiveness. We analyzed the expression profiles of epidermal growth factor receptor (EGFR) using immunohistochemistry and the presence of BRAF(V600E) mutation by mutant allele-specific PCR in PTC tissue samples (n=92) in relation to clinicopathological parameters. BRAFV600E was detected in 46.7% of patients and correlated with the presence of lymph node metastasis (LNM, p=0.035) and extrathyroid invasion (EI, p<0.0001). EGFR overexpression was detected in 52.2% of the patients and also correlated with LNM (p<0.0001) and EI (p=0.027). Among patients with a single alteration, the presence of BRAFV600E impacted EI, while EGFR overexpression alone had a greater impact on LNM. The strongest association with adverse features was found in PTC patients with coexisting BRAFV600E and EGFR overexpression (28.3%), among whom LNM and EI were evident in 73% and 69%, respectively (p<0.0001, for both). Thus, the coexistence of BRAFV600E mutation and EGFR overexpression identifies high-risk PTC patients, who should be considered for combined molecular therapy offering a better long-term therapeutic outcome.

Keywords: epidermal growth factor receptor; BRAF V600E mutation; papillary thyroid carcinoma; predictive biomarkers; tumor progression

INTRODUCTION

Thyroid cancer is the most common malignancy of the endocrine system with increasing incidence during the last few decades [1,2]. Thyroid carcinomas originating from the follicular epithelium are generally classified as differentiated (papillary and follicular) and undifferentiated (anaplastic) carcinomas. The biological behavior of these subtypes of thyroid cancer is highly divergent, as reflected by differences in their patterns of metastases, clinical aggressiveness and outcome [3,4]. Papillary thyroid carcinoma (PTC) is the most frequent histological type of thyroid cancer, accounting for approximately 80% of all thyroid carcinomas. PTC generally has a very slow growth rate and despite its potential for regional nodal spreading, it usually exhibits rather non-aggressive biological behavior and has a good prognosis. However, some patients develop more aggressive forms with local recurrence or even distant metastases unresponsive to treatment, leading to a poor outcome [5-7]. Identification of these high-risk patients at the time of diagnosis is essential for decisions regarding initial surgery, treatment and follow-up. Some prognostic factors such as age, gender, histological type, extrathyroid extension, tumor size, lymph node involvement and vascular invasion, are known to affect disease progression, but the high-risk stratification of patients can be further improved by applying molecular biomarkers that predict aggressive tumor behavior.
Recent understanding of the molecular pathogenesis of PTC has resulted from the identification of genetic alterations in various cell signaling pathways. Genetic alterations in the mitogen-activated protein kinase (MAPK) pathway, such as \textit{BRAF} and \textit{RAS} point mutations, and \textit{RET} rearrangements, play important roles in the initiation and progression of PTC [8,9].

\textit{BRAFV600E} mutation is the most frequent genetic alteration in thyroid cancer, occurring exclusively in PTC and PTC-derived anaplastic thyroid carcinoma, about 45% and 25%, respectively [10]. The \textit{BRAF} gene codes a cytoplasmic serine-threonine kinase called B-Raf, a key molecule in the MAPK signaling pathway, which regulates fundamental cell functions such as proliferation, migration, differentiation and survival [11]. The point V600E mutation of the \textit{BRAF} gene (thymine-to-adenine transversion at position 179 leading to valine-to-glutamate substitution at position 600) causes constitutive activation of the MAPK pathway and promotes tumor genesis and progression [12]. Several studies have associated the \textit{BRAFV600E} mutation with adverse clinicopathological features, recurrence and poor outcome of PTC [13]. There are, however, significant discrepancies regarding the overall frequency, its prevalence in PTC variants, and its relationship with clinicopathological parameters of poor outcome.

Epidermal growth factor receptor (EGFR) is a 170-KDa cell-surface glycoprotein comprised of an extracellular ligand-binding domain, a transmembrane domain and an intracellular domain with intrinsic tyrosine kinase activity [14,15]. Upon ligand binding, EGFR activates the intracellular signal transduction pathways, including Ras/Raf/mitogen-activated protein kinase (MAPK) and the phosphatidylinositol 3-kinase (PI3K)/Akt pathway, both of which are involved in promoting proliferation, survival, angiogenesis and migration [16]. Deregulation of EGFR signaling due to receptor overexpression, autocrine ligand stimulation or activating mutations has been frequently implicated in several types of human cancers and is associated with an advanced stage of malignancy characterized with metastatic competence and poor prognosis [17].

To contribute to a better understanding of the molecular background of aggressive PTC behavior, we analyzed the \textit{BRAF} mutation status and EGFR expression profiles in a series of PTC tissue samples in relation to clinicopathological parameters of PTC and examined whether concomitant presence of the \textit{BRAFV600E} mutation and EGFR overexpression contribute to more aggressive disease behavior.

**MATERIALS AND METHODS**

**Patients and tissue samples**

Thyroid tissue from patients who had undergone thyroid surgery was obtained from the Center for Endocrine Surgery, Clinical Center of Serbia, Belgrade. Tissue sections from archival thyroid tissue blocks were stained with hematoxylin-eosin and reviewed by the pathologist to confirm the diagnosis of PTC according to well established criteria [18]. The sample cohort consisted of 92 cases involving the following subtypes: 52 of classical histotype, 34 of follicular variant and 6 classified as others (3 of the tall cell variant, 2 of the Warthin-like variant and 1 of diffuse sclerosing variant). Information concerning gender and age, tumor size, presence of lymph node metastasis (LNM) and extrathyroid invasion (EI) was retrieved by reviewing the pathology reports. The total cohort of PTC cases (n=92) included 70 females (76.1%) and 22 males (23.9%) aged 15-78 years at diagnosis. Tumor size ranged from 6 to 60 mm. Lymph node metastasis was present in 40/92 (43.5%) and extrathyroid invasion in 36/92 (39.1%) of the PTC cases. Patients were staged according to the pathological tumor-node-metastasis (pTNM) staging system in accordance with the American Joint Committee on Cancer [19]. All procedures were carried out in conformance with the Declaration of Helsinki ethical guidelines and approved by the Ethics Committee of the Clinical Center of Serbia, Belgrade.

**Immunohistochemistry**

Immunostaining was performed using the avidin-biotin peroxidase technique [20]. Formalin-fixed, paraffin-embedded (FFPE) tissue sections (4 µm thick) were deparaffinized in xylene and then rehydrated through graded alcohols. Endogenous peroxidase activity was blocked with 3% hydrogen peroxide followed by 1% casein for 30 min to prevent nonspecific
binding. The primary antibody to EGFR was rabbit polyclonal IgG (EGFR 1005: SC-03, Santa Cruz Biotechnology, Dallas, TX, USA) used at dilution 1:100 with overnight incubation at 4°C. Secondary incubation was carried out using biotinylated goat anti-rabbit IgG, followed by streptavidin-biotin-peroxidase complex (ABC, supplied by Vector Laboratories, Burlingame, CA, USA). The reaction was visualized using 3,3’-diaminobenzidine tetrahydrochloride (DAB) solution as the chromogen. Slides were counterstained in hematoxylin, dehydrated in ascending ethanol, cleared in xylene and mounted with coverslips using permanent mounting medium. Tissue sections were analyzed using an Axio Imager 1.0 microscope (Carl Zeiss, Jena, Germany) supplied with a Canon A640 Digital Camera System. For negative controls, the primary antibody was replaced with PBS and no positive staining was observed.

EGFR immunoreactivity on stained tissue sections was independently assessed by two observers and scored as previously described [21] by evaluating both the distribution and intensity of staining, as follows: (0), absence of staining; (1), weak widespread or focal (up to 40%) staining of tumor cells; (2), moderate staining in more than 40% of tumor cells and (3), strong staining in more than 40% of the cells. Cases scored as (0) and (1) presented a low expressing group, while cases scored as (2) and (3) were taken as a high expressing group, considered as EGFR overexpression.

Nucleic acid isolation

Total nucleic acids were extracted from FFPE samples, as previously described [21]. The equivalent of 80 µm of paraffin embedded tissue shavings were deparaffinized in xylene treatment for 10 min at 50°C. The specimens were then centrifuged briefly at room temperature and xylene was removed. The deparaffinization step was repeated and pellets were washed in 1 ml of 100% ethanol three times. Tissue shavings were incubated overnight with 500 µL of digestion buffer (50 mmol Tris pH 8.0, 100 mmol EDTA, 100 mmol NaCl, 1% SDS) and 50 µg of Proteinase K at 55°C. Specimens were then incubated on ice for 10 min, treated with 300 µL 6 M NaCl to precipitate the protein and again incubated on ice for an additional 5 min. After 20-min centrifugation at 12000 x g at 4°C, the supernatant was treated with 1 volume of ice-cold isopropanol, incubated on ice for 20 min and centrifuged again. The pellet was then washed with ice-cold 70% ethanol and centrifuged at 12000 x g for 15 min at 4°C. Ethanol was removed and the pellet was dissolved in 30 µL of nuclease-free water.

Mutational analysis

BRAF mutation was detected by mutant allele-specific PCR amplification [22] using two forward primers: BRAF_f_a GTGATTTTTGTCTAGCTACAGT and BRAF_f_b GTGATTTTTGTCTAGCTACAGA (for wild type and BRAF T1799A transversion mutation, respectively), and a reverse primer, BRAF_r GGC-CAAAAATTTAATCAGTGA. The initial denaturation was carried out at 94°C for 2 min, 94°C for 30 s, 58°C for 30 s and at 72°C for 30 s, for 35 cycles.

Statistical analysis

Statistical analysis was performed using SPSS software package for Windows (ver. 12.0.1, SPSS Inc., Chicago, IL, USA). Associations between immunohistochemical results and clinicopathological data were determined using Fisher’s exact test, with p<0.05 considered statistically significant.

RESULTS

The BRAF mutation status of PTC patients was determined by performing mutant allele-specific PCR amplification on archival tissue samples. As shown in Table 1, the BRAFV600E mutation was detected in 43/92 (46.7%) cases. Its presence correlated significantly with LNM, (p=0.0351), EI, (p <0.0001) and pT status (p=0.0116). Among the 43 BRAFV600E-positive cases, 24 patients (55.8%) had LNM and 27 (62.8%) had EI at presentation.

Expression of EGFR protein was evaluated by immunohistochemistry and representative microphotographs are given in Fig. 1. The analyzed PTC cases were divided into two categories: low expressing (staining scores 0 and 1) and high expressing cases, considered as EGFR overexpression (as described in the Materials and Methods). High (moderate to strong) cytoplasmic/membranous staining for EGFR
was found in 48 out of 92 cases (52.2%) (Table 1). EGFR overexpression showed significant association with LNM (p<0.0001), EI (p=0.027) and pT status (p=0.0068). In the group of PTC patients with EGFR overexpression, LNMs were present in 33/48 (68.8%) cases and EI in 26/48 (54.2%) cases.

Table 1. BRAF mutation status and EGFR expression in correlation with clinicopathological parameters of PTC patients.

<table>
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<th>Parameter</th>
<th>Total (n=92)</th>
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<th>p value*</th>
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<th>High</th>
<th>p value*</th>
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<td></td>
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<td>9</td>
<td>0.0038</td>
<td>25</td>
<td>9</td>
<td>&lt;0.0001</td>
</tr>
</tbody>
</table>

LNM – lymph node metastasis; EI – extrathyroid invasion; pT status and TNM stage according to AJCC [19]; *Fisher’s exact test, p<0.05 statistically significant (bolded); **other histotypes (n = 6), as detailed in the Materials and Methods section, excluded from the calculation.

Although both BRAFV600E mutation and EGFR overexpression significantly correlated with LNM, EI and pT status, BRAFV600E was more closely associated with EI, while EGFR overexpression showed stronger correlation with LNM.

High levels of expression of EGFR or the presence of BRAF V600E mutation were not significantly associated with advanced pTNM stages. It should be noted that in our cohort of PTC patients, almost half of the BRAF mutation positive cases (21/43, 48.8%) and highly positive EGFR cases (24/48, 50%), although having LNM or EI, were young patients, classified as stage I according to the pTNM classification proposed by the American Joint Committee on Cancer [19].

There were no statistically significant associations of BRAFV600E mutation or high EGFR expression with the age or gender of the patients, nor with the tumor size.

Interestingly, not only the presence of BRAFV600E mutation, but also high expression of EGFR showed statistically significant differences regarding the histomorphological growth pattern of PTC, both being more frequent in the classical than in the follicular variant of PTC (p=0.0038 and p<0.001, respectively).

Coexistence of BRAFV600E mutation and EGFR overexpression was found in 26 out of 92 patients (28.3%) and was associated with an aggressive phenotype; among them 73% had LNM presence and
69% had EI (Table 2). In contrast, in the group of patients with wild-type BRAF and low EGFR expression (n=27), LNM was present in only two patients (7%) and EI was observed in only one patient (4%).

**Table 2. Coexistence of BRAFV600E mutation and EGFR overexpression (BRAFV600E / EGFR-high) in correlation with clinicopathological parameters of PTC patients.**

<table>
<thead>
<tr>
<th>Parameter</th>
<th>BRAF wild/ EGFR-low (n=27)</th>
<th>BRAFV600E/ EGFR-high (n=26)</th>
<th>p value*</th>
</tr>
</thead>
<tbody>
<tr>
<td>LNM Absent</td>
<td>25</td>
<td>7</td>
<td></td>
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<tr>
<td>LNM Present</td>
<td>2</td>
<td>19</td>
<td>&lt;0.0001</td>
</tr>
<tr>
<td>EI Absent</td>
<td>26</td>
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<td>EI Present</td>
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<td>pT status</td>
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<tr>
<td>T1/T2</td>
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<td>7</td>
<td></td>
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<tr>
<td>T3/T4</td>
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<td>19</td>
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<td>TNM stage</td>
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<tr>
<td>Follicular</td>
<td>24</td>
<td>6</td>
<td></td>
</tr>
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</table>

LNM – lymph node metastasis; EI – extrathyroid invasion; pT status and TNM stage according to AJCC [19]; *Fisher’s exact test, p <0.05 statistically significant (bolded)

Overall, among 92 PTC patients, 65 (70.7%) harbored at least one of the two analyzed molecular alterations (either BRAFV600E mutation or EGFR overexpression). BRAFV600E mutation alone was present in 17 cases, while EGFR overexpression occurred alone in 22 cases. The impact of a single molecular alteration on adverse clinicopathological features (lymph node metastasis and extrathyroid invasion) in comparison with the group of patients with concomitant BRAF V600E mutation and EGFR overexpression is given in Fig. 2. As shown, the presence of BRAFV600E mutation alone strongly affected EI, while EGFR overexpression alone had a greater impact on LNM.

The obtained results were further evaluated by ROC analysis, as shown in Fig. 3. ROC curve analysis confirmed the above results. Thus, patients harboring BRAFV600E mutation and with EGFR overexpression belong to the high-risk PTC group, as they statistically significantly more often have LNM (Fig 3 A: AUC=0.670, p=0.005) and EI (Fig 3 B: AUC=0.679, p=0.004), than patients with none or a single alteration.

In the total cohort, among 40 patients with LNM, 38 (95%) had at least one of the two analyzed alterations and among 36 patients with EI, all but one (97%) had either the BRAFV600E mutation (27 patients) or EGFR overexpression (8 patients).

**DISCUSSION**

The main molecular mechanisms underlying thyroid cancer have been clarified after identification of genetic alterations in the cellular signaling pathways, including the MAPK pathway and phosphatidylinositol-3 kinase (PI3K/AKT) pathway, both coupled to the receptor tyrosine kinases (RTKs) at the cell membrane. Molecular alterations in components of these pathways (gene mutations, rearrangements, gene amplifications and copy number gains) constitutively activate signaling cascades, causing uncontrolled cell
division, survival, migration and angiogenesis, leading to malignancy [8,9].

Genetic alterations in the MAPK pathway caused by BRAF and RAS point mutations and RET/PTC rearrangements play important roles in the initiation and progression of PTC. These mutations are found in more than 70% of PTCs and are almost always mutually exclusive. The most common mutation, BRAFV600E, results in a constitutively active MAPK pathway and thyroid cancer progression. In many studies the presence of this mutation has been correlated with aggressive tumor characteristics, such as extrathyroid extension, advanced tumor stage at presentation, tumor recurrence, lymph node or distant metastases, resistance to radioiodine and poor prognosis [10,23-25].

Since a subset of PTCs are highly aggressive cancers that are often poorly responsive to radioiodine therapy, BRAF/MEK/ERK signaling, i.e. the MAPK pathway, has emerged as a promising target in these malignancies. Selective inhibitors of BRAF V600E have been proposed as a novel treatment for patients with thyroid cancer exhibiting this mutation, but have demonstrated a limited therapeutic effect [26]. The reasons for BRAF inhibitor resistance have been investigated and found to be due to reactivation of the MAPK signaling pathway and a secondary activation of the PI3K/Akt pathway [27]. However, it is not clear whether the PI3K/Akt signaling pathway is activated after treatment with BRAF inhibitor or whether this kinase signaling pathway is already upregulated in some thyroid carcinomas.

Both PI3K/Akt and MAPK signaling pathways are initiated at different RTKs, such as EGFR [15,16,28]. Aberrant EGFR signaling is caused by receptor overexpression, autocrine ligand stimulation or activating mutations. In thyroid cancer, EGFR mutations are rare, but EGFR overexpression has been found in anaplastic thyroid carcinoma in association with dedifferentiation, an aggressive phenotype and poor outcome [29]. In PTC, high expression of EGFR has been associated with adverse clinicopathological features, i.e. local aggressiveness [30] and metastatic spreading [31]. Indeed, EGF has been shown to stimulate the proliferation, migration and invasiveness of thyroid malignant cells in vitro through activation of both MAPK and PI3K/Akt pathways [32].

In the present study, we analyzed BRAF mutation status and EGFR expression profiles in a series of clinical PTC tissue samples with the aim of obtaining insight into the frequency of concomitant BRAFV600E mutation and EGFR overexpression and its relation to the aggressive clinical phenotype of PTC. Among our PTC patients, 65/92 (70.7%) harbored at least one of the two analyzed molecular alterations (either BRAFV600E mutation or EGFR overexpression). The impact of only one of them on adverse clinicopathological features (LNM and EI) was not the same: the presence of the BRAFV600E mutation alone strongly impacted EI, while EGFR overexpression alone had a greater impact on LNM. The coexistence of BRAFV600E mutation and EGFR overexpression that was found in 26 out of 92 patients (28.3%) was associated with a highly aggressive phenotype: among them 73% had LNM and 69% had EI. Thus, although the BRAF mutation and EGFR overexpression are each implicated in an unfavorable disease course, their coexistence was associated with a particularly aggressive clinical phenotype in PTC patients.

The coexistence of BRAFV600E mutation and EGFR overexpression indicates that multiple signaling pathways are simultaneously active in some BRAFV600E-mutated thyroid carcinomas. Furthermore, our results obtained in a clinical setting confirm the findings of a recent in vitro study in which both active MAPK and PI3K/Akt pathways were found in BRAFV600E-mutated thyroid carcinoma cells in culture [33].

The cooccurrence of BRAFV600E mutation with EGFR overexpression, which allows growth promoting signals through both the MAPK and PI3K/Akt pathways, provides a synergistic effect for disease progression. Therefore, inhibiting only a single proliferation-survival signaling pathway for the treatment of BRAFV600E mutated thyroid carcinoma would not ensure a satisfactory outcome for these patients. Thus, the alternative proliferation pathway should be inhibited along with BRAF kinase inhibition for sustainable growth arrest in these carcinomas.

In this regard, it is interesting to mention that different human cancer types bearing BRAF mutations, such as melanoma and colorectal carcinoma,
have shown contradictory clinical responses to BRAF inhibitors. While selective BRAF inhibitors, such as vemurafenib and dabrafenib, have been shown to be effective in BRAF mutant melanoma, where they are Food and Drug Administration (FDA) approved as monotherapy, they have failed to demonstrate single-agent clinical activity in BRAF mutant colorectal carcinoma patients. This difference in clinical results was shown to be due to the minimal expression of EGFR in melanoma cells in contrast to overexpression of EGFR in colorectal carcinoma cells, as reviewed [27]. In vitro studies have demonstrated that inhibition of EGFR signaling by monoclonal antibody to EGFR (cetuximab) or tyrosine kinase inhibitors (gefitinib or erlotinib) is synergistic with BRAF inhibition in colon carcinoma cells [34]. In addition, a clinical trial using vemurafenib in combination with cetuximab and irinotecan (EGFR inhibitors) displayed a valuable clinical benefit and a reasonable toxicity profile in metastatic colorectal carcinoma patients [35].

Advanced BRAF mutated thyroid carcinomas are characterized by the loss of thyroid-specific characters and poor responsiveness to radiiodine therapy and thus require new therapeutic options [10]. In vitro studies have demonstrated that thyroid malignant cells bearing BRAF mutations are, unlike melanoma but similarly to colorectal cancer, less sensitive to BRAF inhibitors due to the activation of alternative signaling pathways [33,36]. Furthermore, it has been reported that combined inhibition of BRAF and EGFR signaling in malignant thyroid cells (by vemurafenib and gefitinib) was more effective than vemurafenib or gefitinib single agents, and resulted in the induction of synthetic lethality [37,38]. These data, which are extremely relevant from a clinical perspective, suggest that combined BRAF and EGFR inhibition represents a potential new therapeutic option for advanced BRAF-mutated thyroid carcinoma patients; however, this requires further validation in prospective, randomized clinical trials.

In conclusion, the coexistence of the BRAFV600E mutation and EGFR overexpression identifies a subset of high-risk BRAF-mutated PTC patients who should be considered for combined (anti-BRAF and anti-EGFR) molecular therapy as it can provide an improved long-term therapeutic outcome.

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Author contributions: IP: conception, selection of patients, interpretation of clinical data; SS: drafting the article; TID: analysis and interpretation of the results; ID: interpretation of data, statistics; JJM: experimental work, interpretation of data; ER: experimental work, interpretation of data; DC: manuscript revision and final approval.

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REFERENCES


